# **TOPIC: EARLY SCHOOLS OF THOUGHT**

## Structuralism

- ◆ Wilhelm Wundt (1832 1920): Considered the "\_\_\_\_\_\_ of modern psychology".
  - ► Taught the first psychology \_\_\_\_\_ at University of Heidelberg (1867).
  - Published the first psychology textbook (1874).
  - ► Opened the first psychology \_\_\_\_\_ at University of Leipzig (1879).
- ◆ Wundt's studied the conscious experience.
- ◆ **Structuralism:** Approach to psychology that tried to isolate and analyze the \_\_\_\_\_\_ elements of thought.

Important Founders	Main Question	Main Methodology
Wilhelm Wundt Edward Titchener	happens in the mind when a person does X?	Introspection: An analysis of one's  experience. A report  of moment-to-moment experiences  when presented with a stimulus.

•	Limitation: Each	person's ex	perience is		; results	cannot	be eva	aluated (	or	generalia	zed.
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### **EXAMPLE**

Which of the following research questions would a structuralist ask?

- a) What specific conscious thoughts happen in the mind when a person hears a song?
- b) Why it might be evolutionarily advantageous for humans to feel emotions like guilt and shame?
- c) How do a person's unconscious motives impact their behaviors?
- d) How do humans process visual stimuli in coherent wholes?

PRACTICE	
	_ is considered the Father of Psychology.

- a) Sigmund Freud.
- b) John Locke.
- c) William James.
- d) Wilhelm Wundt.

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## **Functionalism**

<b>\</b>	<b>William James</b> (1842 – 1910): The "Father of	psychology".	
	• Wanted to focus less on what the mind is doing, and more on _	it's doing it.	
<b>\</b>	James was heavily influenced by theory of nat	tural selection:	
	• Attributes that promote survival and reproduction become more	prevalent in the population over	r time.
	▶ If this applies to physical attributes, it should also apply to	processes and behav	ior.

• Functionalism: An approach to psychology that emphasized the adaptive significance of mental processes.

Important Founders	Main Question	Main Methodology
		Used various methods:

William James

James Rowland Angell

person do X?

Used various methods:

Observation

Experimentation

Longitudinal Studies

Questionnaires

◆ Limitation: This perspective tended to overlook \_\_\_\_\_\_ differences.

### **EXAMPLE**

Which of the following research questions would a functionalist ask?

- a) What happens in the mind when a human feels velvet?
- b) What part of the brain is used for vision?
- c) How does the social environment, including culture, impact morality?
- d) Why might it be evolutionarily advantageous for humans to feel emotions like guilt and shame?

### PRACTICE

Functionalism was heavily influenced by...

- a) The idea of philosophical materialism.
- b) Charles Darwin's theory of natural selection.
- c) John Locke's theory that humans are born as blank slates.
- d) Ivan Pavlov's original experiments demonstrating classical conditioning in dogs.



# **TOPIC: EARLY SCHOOLS OF THOUGHT**

# **Psychoanalytic Perspective**

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- Believed his patients had mental \_\_\_\_\_ or childhood \_\_\_\_\_ buried in their unconscious.
- ▶ Believed these were causing behavioral, mental, and \_\_\_\_\_ symptoms.
- ◆ Psychoanalysis: A \_\_\_\_\_ that gives people insight into their unconscious.
- ◆ Over time, Freud developed his psychoanalytic theory:
  - ▶ Approach to psychology that emphasizes the influence of the \_\_\_\_\_conscious on thoughts and behaviors.
  - Applied his theory to better understand personality and development, and to inform his \_\_\_\_\_\_ practice.

Important Founders	Main Question	Main Methodology
Sigmund Freud Carl Jung Alfred Adler	How do unconscious motives and early childhood experiences influence wellbeing and behavior?	Psychoanalysis

	Limitation:	Many	of	Freud's	theories	lack	empirical	
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### **EXAMPLE**

Which of the following statements best describes psychoanalytic theory?

- a) An approach to psychology that focuses on how humans develop across the lifespan.
- b) An approach to psychology that emphasizes the adaptive significance of mental processes.
- c) An approach to psychology that emphasizes the influence of the unconscious on mental processes.
- d) An approach to psychology that focuses on the neural mechanisms underlying behavior.

### PRACTICE

Freud believed that a number of things could lead to hysteria (or hysteria-like symptoms). Which of the following concepts did Freud NOT focus on?

- a) Cultural context.
- b) Childhood trauma.
- c) Mental conflicts.
- d) Unconscious thoughts and desires.