TOPIC: SOCIAL PSYCHOLOGY

| Social Psychology (1940's) | |
|--|---|
| A field of psychology that focuses on how individual and group behaviors are influenced by factors. | |
| Historical Context | |
| Behaviorism was to account for how the social environment could impact thoughts and behaviors. | |
| Psychologists began studying how social environments can impact identify,, attitudes, and stereotypes. | |
| Main Research Question | |
| How does the social environment influence the thoughts and behavior of individuals? | |
| Important Founders | |
| Kurt (1890 – 1947) | Solomon (1907 – 1996) |
| Founded the Research Center for Group Dynamics at MIT in 1945. | Researched how social influences impact |
| Studied topics likeship, attitudes, communication, and racial prejudice. | Also studied impression formation – discovered the importance of impressions! |
| | |

For More Detail: Check out our section on Social Psychology.

TOPIC: SOCIAL PSYCHOLOGY

EXAMPLE

Which of the following topics is NOT commonly studied in social psychology?

- a) Sensation and perception.
- b) Attitudes.
- c) Identity.
- d) Stereotypes and prejudice.

TOPIC: HUMANISM

| Humanism (1950's) | |
|--|--|
| A perspective that emphasizes inherent | , free will, and the potential for personal growth. |
| Historical Context | |
| Some psychologists wanted to focus more on positive concepts like personal, human potential, and the ability to toward self-improvement. | |
| Main Research Question | |
| How do individuals achieve personal growth and realize their fullest potential? | |
| Important Founders | |
| Abraham (1908 - 1970) | Carl (1902 - 1987) |
| Created his famous hierarchy of | Rogers was a psychologist. |
| Once physical and safety needs are met, humans will strive to meet social and psychological needs. | Developed client-centered therapy , pioneered techniques such as: |
| The final tier of his hierarchy isactualization – the realization of one's fullest potential. | |
| | ◆ Empathy |
| | |

For More Detail: See our section on *Treatment and Therapy*.

TOPIC: HUMANISM

EXAMPLE

Which of the following statements **best** describes humanism?

- a) A field that focuses on humanity.
- b) A field that focuses on how the social environment impacts behavior and mental processes.
- c) A field that focuses on concepts like personal growth, potential, and striving for self-improvement.
- d) A field that focuses on how stimuli evoke behavioral responses.

PRACTICE

Which pair of psychologists are considered the founders of humanism?

- a) Wilhelm Wundt and Edward Titchener.
- b) Abraham Maslow and Jean Piaget.
- c) Carl Rogers and George Miller.
- d) Abraham Maslow and Carl Rogers.