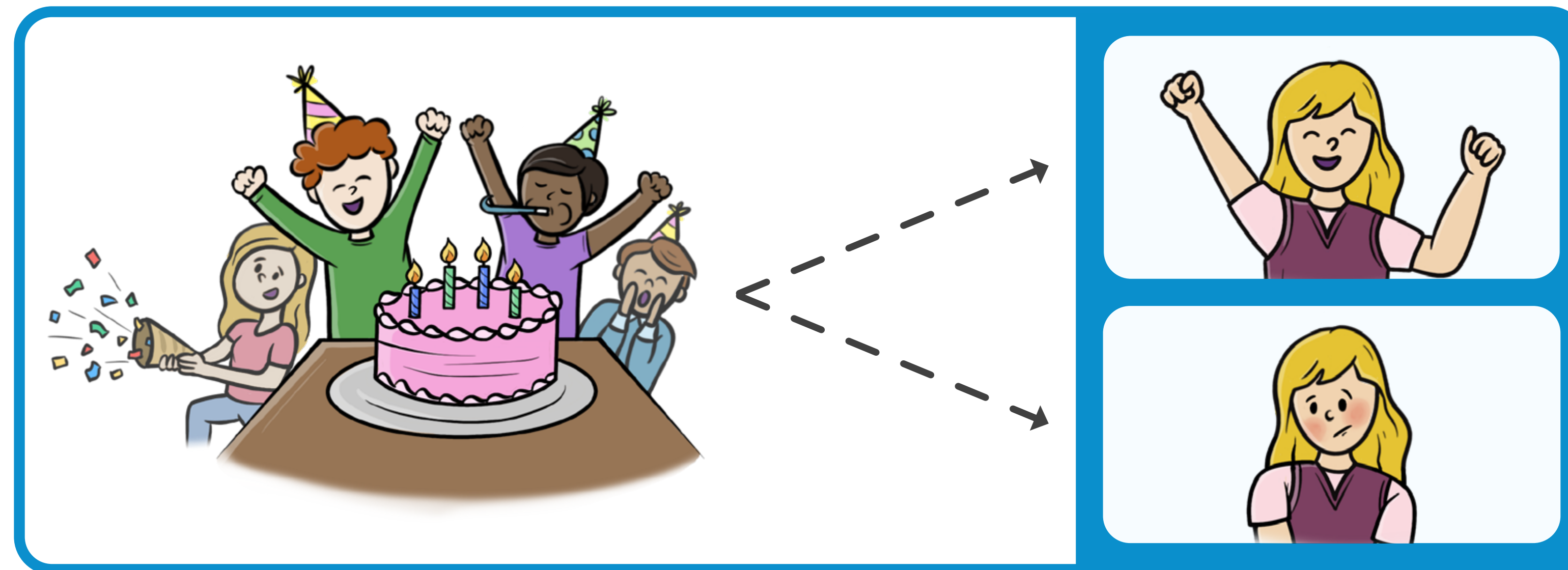
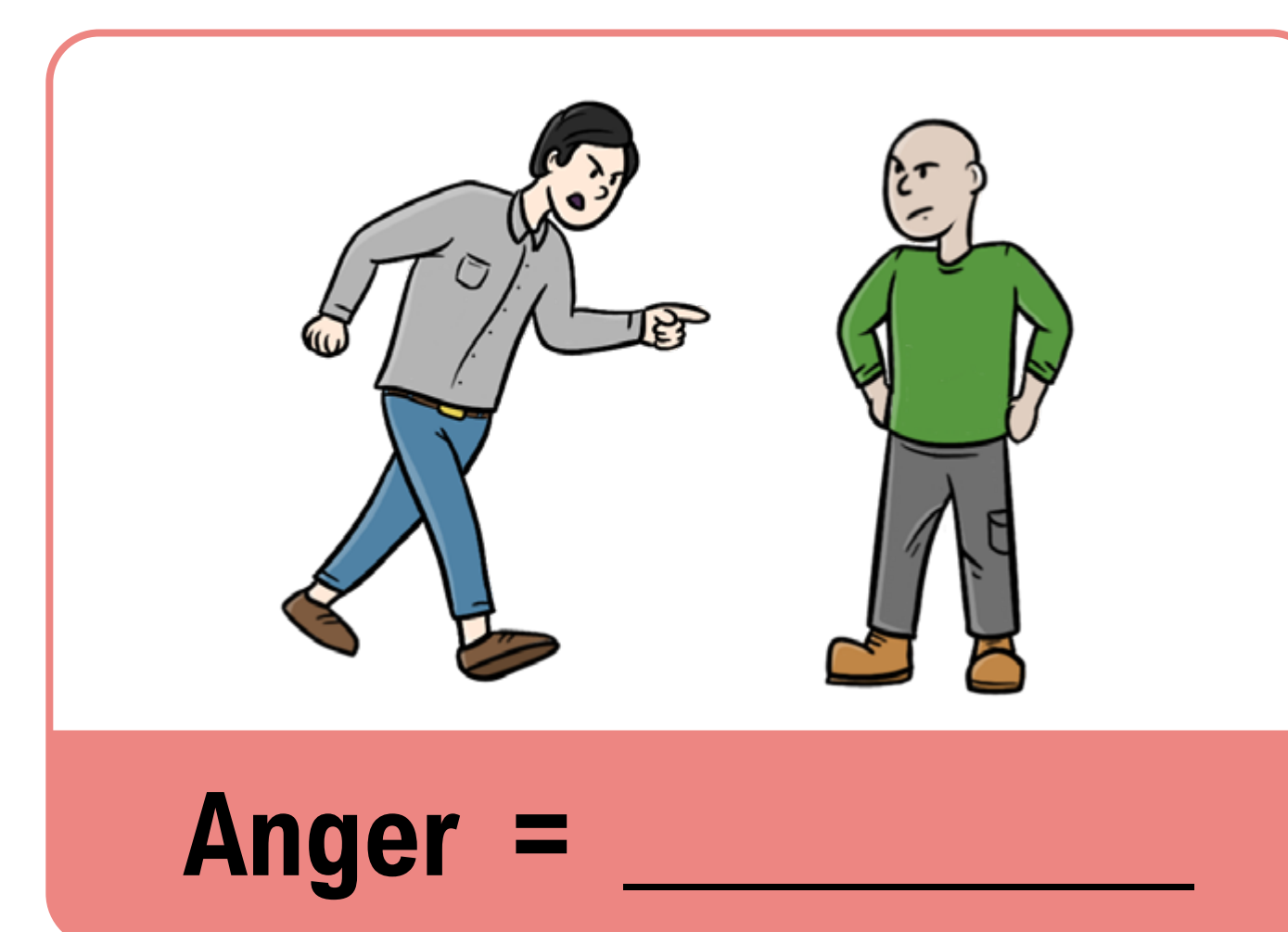
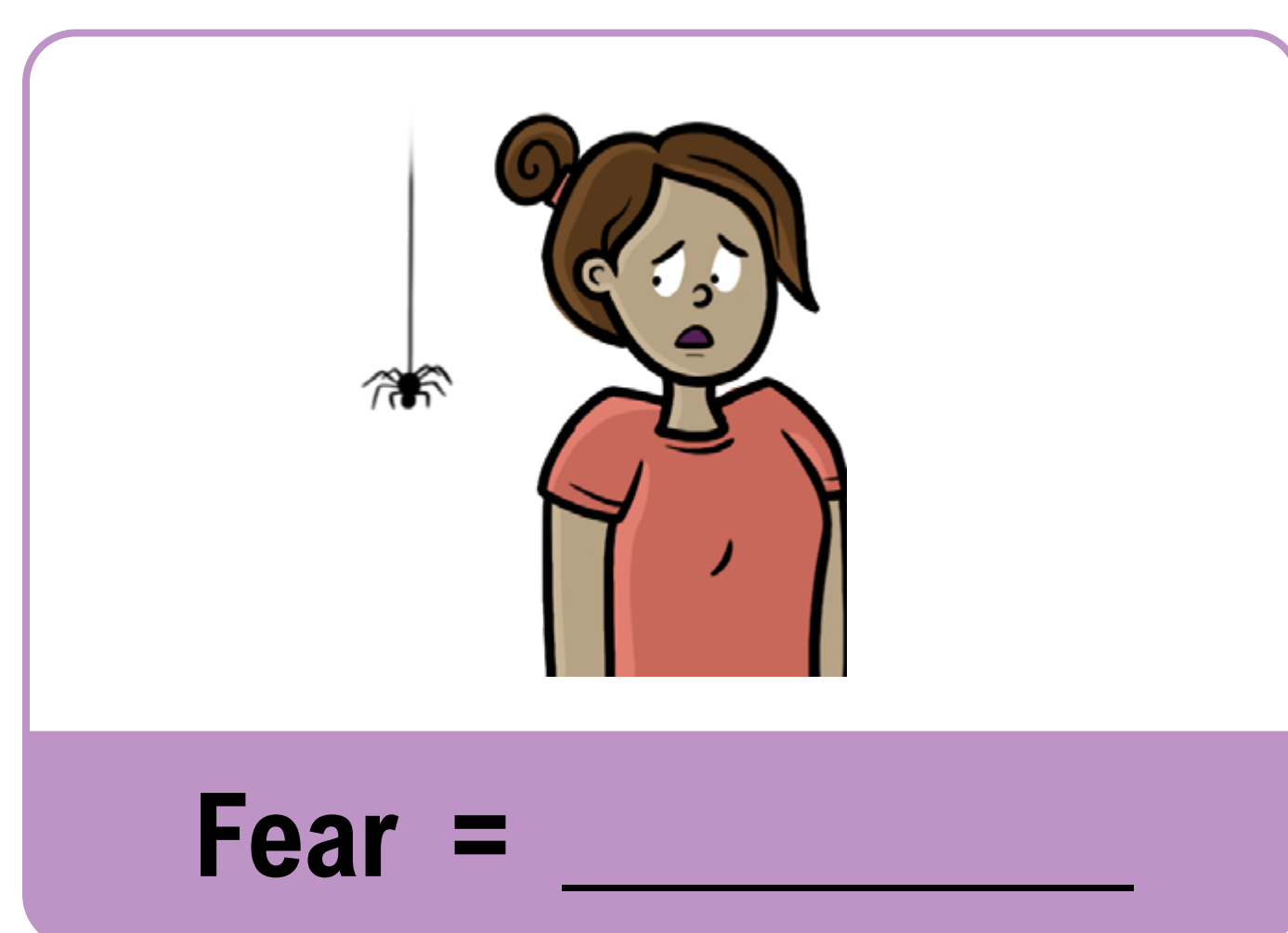


TOPIC: APRAISALS AND ACTION TENDENCIES

- ◆ Emotions can be _____ and influenced by *appraisals*.
- ◆ **Appraisal:** Evaluations and interpretations of a stimulus or event.
 - Explain how we can have different emotional responses to the _____ stimulus.
 - Can be conscious or unconscious.



- ◆ Some emotions produce **action tendencies** specific, automatic behavioral responses.
 - Seem to have a strong evolutionary basis.



TOPIC: APRAISALS AND ACTION TENDENCIES

EXAMPLE

Lakeith got a B+ on his Psychology exam. He's very happy and excited about this outcome. Dante also got a B+, but he's very upset and worried about his exam grade. How would you explain how Lakeith and Dante had different emotional reactions to the same stimulus?

PRACTICE

Amy is out hiking when she sees a mountain lion up ahead on the trail. She immediately freezes. This freeze response is an example of an:

- a) Appraisal.
- b) Emotion.
- c) Action Tendency.
- d) Emotional Trigger.