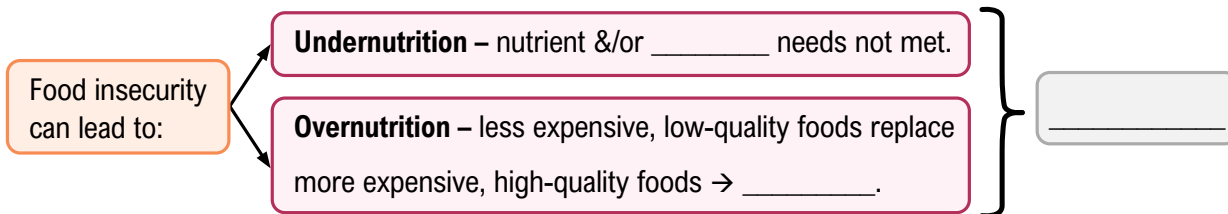
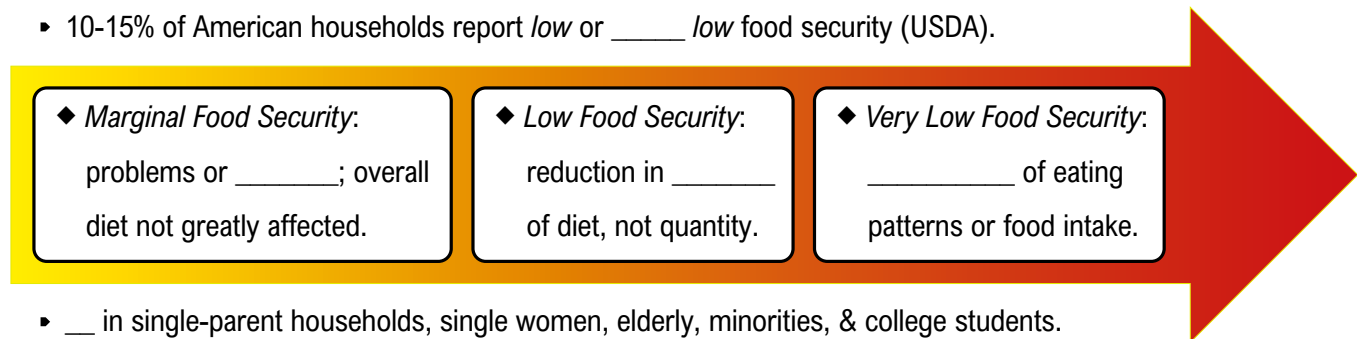


TOPIC: FOOD INSECURITY

Food Insecurity

◆ **Food Insecurity:** _____ to consistently secure food for nutritional needs.

- Cause: _____; also health, other issues.
- 10-15% of American households report *low* or _____ *low* food security (USDA).



◆ **Hunger:** _____ condition from not having enough food → food insecurity _____ result in hunger.

PRACTICE

Claire is a working single mother of two young kids. During the day, she works as a nursing assistant at a doctor's office, and in the evening, she sometimes picks up extra shifts at a local hospital. Claire has a strict grocery budget, and to make ends meet, she usually avoids buying fresh fruits or meat. She also regularly shops at a discount grocer that carries food that is past its "best-by" date. In times when she has not been able to get extra shifts, Claire has relied on her local food bank to make sure that she and her family always have food to eat. How would you describe Claire's level of food security?

- a) Food secure.
- b) Marginal food security.
- c) Low food security.
- d) Very low food security.

PRACTICE

Approximately what percentage of American households experience food insecurity?

- a) 5-10 %.
- b) 10-15 %.
- c) 15-20 %.
- d) 20-25 %.

TOPIC: FOOD INSECURITY

Food Assistance Programs in the U.S.

◆ Several _____ programs provide assistance for people who experience food insecurity.

◆ _____ (Supplemental Nutrition Assistance Program) (“Food _____”):

- _____ for food for low-income individuals (varying requirements by state).



◆ _____ (Supplemental Nutrition Program for Women, Infants, and Children):

- For low-income _____ women and children to age ____.



◆ **Commodity Supplemental Food Program:**

- Supplements food for low-income individuals _____ in age.

◆ **National School Lunch Program, Breakfast Program, & Summer Food Service Program:**

- Free/reduced meals to low-income children.

◆ Non-profit/philanthropic organizations rely on _____ & volunteers.

▸ **Food banks/ pantries:**

distribute food using donated food or _____.

▸ **Emergency kitchens/ soup**

kitchens: provide full _____.

▸ **Food recovery programs:**

collect _____ food from stores & restaurants.

PRACTICE

Which supplemental food program focuses on supporting kids under five and pregnant mothers?

- a) SNAP.
- b) WIC.
- c) Commodity Supplemental Food Program.
- d) Summer Food Service Program.

PRACTICE

An organization that aims to reduce food waste and fight hunger by collecting day-old bread from bakeries is an example of a:

- a) Food bank.
- b) Emergency kitchen.
- c) Food pantry.
- d) Food recovery program.

PRACTICE

Which governmental organization is responsible for administering SNAP, WIC, and other food programs?

- a) CDC.
- b) FDA.
- c) EPA.
- d) USDA.