











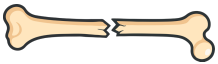


## CONCEPT: SKELETAL SYSTEM VOCABULARY

### Medical Terms

◆ Medical terms describing pathology and fractures of the skeletal system.

Medical Term	Definition	Memory Tool
<b>Rheumatoid</b>	_____ autoimmune disease marked by joint inflammation.	X
<b>Genu valgum</b> (Knock-knee)	Condition where knees touch, but ankles are _____.	 valGUM
<b>Genu varum</b> (bowleg)	Condition where knees angle out, but the ankles are _____.	 vaRUM
<b>Gout</b>	Dietary acute arthritis marked by foot joint inflammation.	
<b>Rickets</b>	Disease causing weak, soft bones from Vitamin _____ deficiency.	 Sickly Cricket.
<b>Hallux</b>	_____ or great toe.	 Hallux-ination.
<b>Acetabulum</b>	_____ -shaped socket in the pelvis that forms the hip joint.	 A-Cup-Tabulum.

Medical Term	Definition	Memory Tool
<b>Symphysis</b>	A joint where 2 bones are connected by fibrocartilage.	 Symphony of fibers.
<b>Comminuted Fracture</b>	Severe bone breakage into ____ or more separate pieces.	 Commotion fracture.
<b>Compound Fracture</b>	Bone breakage through the _____.	 COMes out.
<b>Compression Fracture</b>	Bone breakage from pressure leading to collapse or shortening.	 Under PRESSure.
<b>Greenstick Fracture</b>	Typical amongst the young; an incomplete bone breakage from ____ side.	 Green Tree Snapping.
<b>Oblique Fracture</b>	Bone breakage at an _____.	 Oh, that's a bleak angle!
<b>Transverse Fracture</b>	Complete bone breakage _____ across a bone.	 Traverse fracture.

### EXAMPLE

A nurse is reviewing the cases of 4 patients newly admitted into the emergency room. All of them have injuries after a tumble. Based on each of their descriptions, who is most likely to have a greenstick fracture?

- Patient A:** A 37-year-old man who fell down the stairs and has a history of brittle bone syndrome.
- Patient B:** A 50-year-old woman who hurt her wrist and has a history of osteoporosis.
- Patient C:** A 5-year-old boy who fell out of a tree with outstretched arms that are now visibly swollen.
- Patient D:** A 21-year-old quarterback who was tackled during a game and heard a pop in his arm.

## **CONCEPT: SKELETAL SYSTEM VOCABULARY**

### **PRACTICE**

An 8-year-old child is taken to an orthopedic clinic by his parents because of concerns with his gait. They tell the doctor that when he walks his knees seem to bump into one another. Which of the following choices identifies the child's condition and his leg alignments?

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- a) Genu varum; the knees angled inward, towards the midline of the body.
- b) Genu valgum; the knees angled outward, away from the midline of the body.
- c) Genu varum; the knees angled outward, away from the midline of the body.
- d) Genu valgum; the knees angled inward, towards the midline of the body.

### **PRACTICE**

Which of the following is a defining characteristic of a comminuted fracture?

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- a) Bone fragments that become exposed to the outside environment.
- b) The bones are broken into 3 or more pieces because of a traumatic event.
- c) A bone fragment is broken off from the rest of the bone at a tendon.
- d) The bone is broken straight across at an acute angle to the length of the bone.

### **PRACTICE**

A radiologist ordered a radiograph for a biker's left leg after he sustained an injury from an accident. The image showed a complete fracture of the tibia bone. There was no visible bone protrusion. The fracture line cuts across the bone in a straight line that runs horizontally to the long axis of the bone. Based on this description, what type of fracture did the radiologist see?

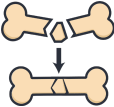

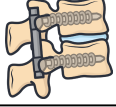

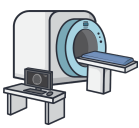

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- a) Transverse
- b) Oblique
- c) Comminuted
- d) Compound

## CONCEPT: SKELETAL SYSTEM VOCABULARY

### Medical Procedures

◆ Terms that relate to surgical or diagnostic \_\_\_\_\_ relating to the skeletal system.

Medical Term	Definition	Memory Tool
<b>Reduction</b>	_____ alignment of bone fragments.	 <b>REDUC</b> e the separa <b>TION</b>
<b>Traction</b>	Continuous pulling force on a body part to restore alignment.	 Tractor Pulling
<b>Spinal Fusion</b>	Permanently _____ multiple bones of the spine.	
<b>Dual-Energy X-Ray Absorptiometry (DEXA Scan)</b>	Measuring bone density using _____-dose X-rays to detect osteoporosis.	 Don't Expect <b>X</b> -Rays Absorbed
<b>Computerized Tomography (CT Scan)</b>	_____ scanning system providing cross-sectional and 3D images.	 Computerized <b>T</b> echnology
<b>Magnetic Resonance Imaging (MRI Scan)</b>	Body imaging method using radio waves in a _____ field.	 <b>M</b> agnets Radiate <b>I</b> nside

### EXAMPLE

Which of the following could be a primary goal from a spinal fusion procedure?

- a) To mitigate painful motion by permanently joining multiple vertebrae.
- b) To increase the flexibility and motion in the spine.
- c) To replace the affected lumbar region with an artificial vertebral disc.
- d) To compress the spinal cord without changing its overall stability.

### PRACTICE

A doctor needs a comprehensive scan of a patient's tissues which include the brain, spinal cord and muscles.

The 89-year-old patient suffered a heart blockage decades ago and had a nickel-based cardiovascular stent implanted.

Based on their medical history, which of the following body scans would be least ideal? (**Hint:** Think of attractive and repulsive forces that affect metals.)

- a) DEXA Scan
- b) CT Scan
- c) Spinal Fusion
- d) MRI Scan