### **Structures of Muscular System**

◆ Combining forms describing structures of the muscular system.

Combining Form	Definition	Memory Tool
myos/o	muscle	My muscles!
leiomy/o (lie-oh-my-oh)	muscle	Lie on my smooth silk
fasci/o	band	Fashion headwrap.
ten/o tend/o tendin/o	tendon	Achilles tendon.
brachi/o brach/i		Brachi/o/saurus

#### **EXAMPLE**

Surgical repair of fibrous membrane is known as:

- a) Tenotomy
- b) Fascioplasty
- c) Tendolysis
- d) Fasciectomy

#### PRACTICE

Which of the following terms best describes inflammation of nerves in the arm?

- a) Brachioleiomyitis
- b) Fasciitis
- c) Brachial neuritis
- d) Neurotendinitis

# **Actions and States**

 $\ \, \bullet \,$  Combining forms describing actions and states of the muscular system.

<b>Combining Form</b>	Definition	Memory Tool
kinesi/o	, movement	kinesi/o/logy
tax/o	reaction to stimulus, coordination	TAXI
vers/o		re/vers/e (re- = back)
tract/o		pro/ <b>tract</b> /or
metr/o	to measure	speed/o/meter
ton/o	tone,	Muscle <b>ton</b> e.
tors/o tort/i	to twist,	Torso twist.
troph/o	development, nourishment	
is/o		is/o/sceles triangle

### **EXAMPLE**

Miguel, a 22-year-old student, notices that the muscles in his neck stay tight and don't relax for extended periods, sometimes with pain. Which condition most accurately accounts for Miguel's abnormal muscle tone?

a) Dystonia

c) Dystrophy

b) Dyskinesia

d) Ataxia

# **PRACTICE**

Hypertrophy refers to

- a) Excessive muscle strength.
- b) Decrease in muscle growth.
- c) Lack of muscle movement.
- d) Excessive tissue or organ development.

# **Suffixes**

◆ Suffixes related to or used for muscular system.

Combining Form	Definition	Memory Tool
-opsy		bi/opsy
-plasia	formation, growth	a/plasia
-paresis		In <b>Par</b> is for a "weak."
-ptosis		Physical Therapy
-cele (seal)	hernia, protrusion,	seal

# **EXAMPLE**

Common symptoms after a stroke are muscle weakness, fatigue and loss of balance on one side of the body. Provide a term that best describes this condition.

Term

DD LOTION		
PRACTICE		
Select the most likely term describing a protrusion of muscle through a tear in a fascia.		
a) Myoscele		
b) Fasciocele		
c) Myocele		
d) Fasciorrhexis		
DDACTICE		
PRACTICE		
Condition in which a kidney is displayed downwards ("droops") when a person stands up.		
Term		